



Do you know an elder who is isolated and could benefit from a friendly visitor or telephone reassurance?

Would you like to experience the reward of helping an elder in your neighborhood?

FRIENDSHIP AT HOME

What is Friendship at Home?

The Friendship at Home Program is a program of Senior Friendship Centers/Charlotte RSVP. The goal of the Friendship at Home is to relieve isolation, which can lead to depression or other situations which place seniors at risk.

Why is Friendship at Home needed?

The Florida Department of Elder Affairs estimates that, in Charlotte county, 20% of the persons 60 years of age and older live alone. Because we are blessed with longevity, outliving our social resources and network of support is a very real possibility. The Friendship At Home program helps reconnect these isolated seniors and rebuild a social network of support.

As a community we are caring for our neighbors.

“People Helping People”

Throughout Charlotte county there are many seniors who live far away from family and friends. Over the years, as their mobility declines, budgets tighten and spouses fall into ill health, life can become increasingly difficult. Some people have outlived their spouses and friends. Friendship At Home helps them to reestablish their social network, helping to make life a little easier by having a trained volunteer visit on a regular basis. Volunteers help to relieve boredom and tedium that isolated seniors often experience.

All volunteers receive initial training and monthly follow up training. For the elder's added confidence all our volunteers have a background check and must be over the age of 18. Volunteers receive special training to:

- Provide home visits and telephone reassurance calls to isolated seniors
- Make one hour weekly visits or daily phone calls to seniors who are well enough to live independently but could use a friend to chat or visit.

We invite YOU to make a difference in the life of an isolated elder.

Please contact Senior Friendship Centers/Charlotte RSVP if you know of an elder who may need these services or would like to volunteer as a friendly visitor or provide telephone reassurance.



Call 941-613-2299 for more information!
Senior Friendship Centers/Charlotte RSVP
21450 Gibraltar Dr. Unit 6 ~ Port Charlotte, FL 33952

